

Menu Week 4



Homemade and Feshly Cooked Healthy and Delicious Meals

Monday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Pasta Bolognaise served with
Garlic Bread

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Yoghurt

Tea (3.45pm-4.00pm)

Fruit Loaf, Served with Salad
Nibbles

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Fresh Fruit

Tuesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Mixed Bean Lasagne with
Courgettes and Peppers

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Fresh Fruit

Tea (3.45pm-4.00pm)

Scrambled Egg and Muffins

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Yoghurt

Wednesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Boiled Ham, Served with
New Potatoes and Broccoli

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Yoghurt

Tea (3.45pm-4.00pm)

Homemade BBQ Chicken
and Sweetcorn Pizza

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Fresh Fruit

Thursday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Gratin of Fish, Served with
Peas, and Sweetcorn

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Fresh Fruit

Tea (3.45pm-4.00pm)

Jacket Potato, Served with
Cheese, and Beans

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Yoghurt

Friday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Creamy Lemon Chicken
Pasta Bake

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Yoghurt

Tea (3.45pm-4.00pm)

Assortment of
Sandwiches, Served with
Pepper Sticks

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Fresh Fruit