

Menu Week 3



Homemade and Feshly Cooked Healthy and Delicious Meals

Monday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Keema with Spinach and Peas

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Fresh Fruit

Tea (3.45pm-4.00pm)

Homemade Pepperoni Pizza

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Yoghurt

Tuesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Chicken Casserole with
Dumplings and Green
Beans

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Yoghurt

Tea (3.45pm-4.00pm)

Ham and Cheese Pinwheel
Wraps, Served with Carrot
and Cucumbers Sticks

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Fresh Fruit

Wednesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Salmon and Broccoli
Pasta Bake

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Fresh Fruit

Tea (3.45pm-4.00pm)

Assortment of
Sandwiches, served with
crisps and raisins

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Yoghurt

Thursday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Cheese and Onion Pie,
Served with Baked Beans

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Yoghurt

Tea (3.45pm-4.00pm)

Fish Finger Sandwiches

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Fresh Fruit

Friday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Sweet and Sour Chicken,
Served with Noodles

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Fresh Fruit

Tea (3.45pm-4.00pm)

Homemade Sweet Potato
and Butternut Squash
Soup with Bread Soldiers

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Yoghurt