

Menu Week 1



Homemade and Feshly Cooked Healthy and Delicious Meals

Monday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Chilli Con Carne Served with
Rice and Sour Cream

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Fresh Fruit

Tea (3.45pm-4.00pm)

Homemade Soup, Served with
Pitta Fingers

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Yoghurt

Tuesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Roast Chicken with
Yorkshire Pudding and
Carrot and Swede Mash

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Yoghurt

Tea (3.45pm-4.00pm)

Assorted of Sandwiches
served with Salad Nibbles

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Fresh Fruit

Wednesday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Macaroni Cheese with
Butternut Squash

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Fresh Fruit

Tea (3.45pm-4.00pm)

Soreen Loaf, with Apple
and Cheese Wedges

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Yoghurt

Thursday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Sausage in Onion Gravy,
Served with Mashed
Potatoes and Broccoli

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Yoghurt

Tea (3.45pm-4.00pm)

Homemade Ham and
Cheese Pizza

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Fresh Fruit

Friday

Breakfast (7.30am-8.30am)

Assortment of Cereal

Lunch (11.45am-12.00pm)

Tuna and Sweetcorn Pasta
Bake

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Fresh Fruit

Tea (3.45pm-4.00pm)

Spaghetti Hoops on Toast

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Yoghurt